

St. Olaf Ole Opener - 1/13/2023

Tostrud Center, St. Olaf College

Results - Running Events

Women 60 Meter Dash

Facility Rec: 7.67 F 2014 Mallory Burnham

Name	Yr	School	Prelims
Preliminaries			
1	Stinson, Makayla	FR St. Catherine	8.30Q
2	Lott, Bianca	FR Carleton	8.33Q
3	Roberts, Riley	SO Carleton	8.39Q
4	Storbakken, Emma	SO St. Olaf	8.46q
5	Nichols, Claire	SR St. Catherine	8.48q
6	Davidson, Grace	JR Luther	8.54q
7	Holman, Ququ	JR St. Olaf	8.55q
8	Nelsen, Rachel	JR St. Olaf	8.60q
9	Poore, Riki	JR St. Olaf	8.60
10	Matre, Zoe	SO St. Olaf	8.64
11	Rahberg, Zoe	FR Luther	8.64
12	Sahly, Emma	SO St. Olaf	8.72
13	Aladetan, Amira	SO Carleton	8.75
14	Coburn, Olive	FR St. Olaf	8.77
15	Yoder, Katie	FR St. Catherine	8.97
16	Thompson, Perri	FR Carleton	8.99
17	Caballero, Gaby	SO Luther	9.03
18	Russeth, Abby	SO Luther	10.23

Women 60 Meter Dash

Facility Rec: 7.67 F 2014 Mallory Burnham

Name	Yr	School	Finals
Finals			
1	Roberts, Riley	SO Carleton	8.32
2	Lott, Bianca	FR Carleton	8.34
3	Stinson, Makayla	FR St. Catherine	8.37
4	Nichols, Claire	SR St. Catherine	8.55
5	Storbakken, Emma	SO St. Olaf	8.56
6	Holman, Ququ	JR St. Olaf	8.58
7	Nelsen, Rachel	JR St. Olaf	x8.66
8	Davidson, Grace	JR Luther	8.70

Women 200 Meter Dash

Facility Rec: 25.60 F 2005 Tonnisha Bell

Name	Yr	School	Finals
Finals			
1	Twichell, Hadley	FR Carleton	27.47
2	Storbakken, Emma	SO St. Olaf	27.71
3	Roberts, Riley	SO Carleton	28.21
4	Matre, Zoe	SO St. Olaf	28.46
5	Lott, Bianca	FR Carleton	x28.81
6	Stinson, Makayla	FR St. Catherine	29.03
7	Soule, Allison	FR St. Olaf	x29.18
8	Coburn, Olive	FR St. Olaf	x29.52
9	Davidson, Grace	JR Luther	29.60
10	Nelsen, Rachel	JR St. Olaf	x29.76
11	Aladetan, Amira	SO Carleton	x29.85
12	Sieve, Rose	SR Luther	29.90
13	Rahberg, Zoe	FR Luther	x30.28
14	Caballero, Gaby	SO Luther	x30.43
15	Thompson, Perri	FR Carleton	x30.77

Women 400 Meter Dash

Facility Rec: 56.35 F 2006 Rachel Anderson

Name	Yr	School	Finals
Finals			
1	Twichell, Hadley	FR Carleton	1:02.28
2	Ferguson, Jocelyn	SO Carleton	1:02.95

Women 600 Meter Run

Facility Rec: 1:33.98 F 2003 Megan Daymont

Name	Yr	School	Finals
Finals			
1	Silverstein, Celia	FR Carleton	1:45.31
2	Abernethy, Sophie	SO St. Olaf	1:48.20
3	Sieck, Kayla	FR St. Olaf	1:50.77
4	Shirley, Ava	FR St. Olaf	x1:52.97
5	Hoppe, Cianna	JR Bethany Lutheran	2:09.39

Women 800 Meter Run

Facility Rec: 2:11.95 F 2003 Megan Daymont

Name	Yr	School	Finals
Finals			
1	Kuhlman, Chloe	JR Bethany Lutheran	2:53.49
2	Zaccaria, Angela	SO Bethany Lutheran	2:54.91
3	Marsolek, Anna	FR St. Catherine	2:56.94

Women 1000 Meter Run

Facility Rec: 2:52.37 F 2013 Taylor Berg

Name	Yr	School	Finals
Finals			
1	Blanchard, Mary	SO Carleton	3:05.01
2	Gebert, Katie	JR St. Olaf	3:05.49
3	Cutter, Alice	SO Carleton	3:10.40
4	Landis, Ella	FR St. Olaf	3:12.94
5	Fromm, Jules	SO St. Olaf	x3:13.87
6	Manhard, Abbie	FR St. Olaf	x3:21.44
7	Ulrich, Kate	SO Carleton	x3:21.69
8	Craven, Ava	SO St. Olaf	x3:28.56
9	Anderson, Naomi	SO Bethany Lutheran	3:45.15
10	Rethemeyer, Hannah	SO Bethany Lutheran	4:17.21

Women 1 Mile Run

Facility Rec: 4:55.60 F 2013 Taylor Berg

Name	Yr	School	Finals
Finals			
1	Tilley, Rainey	JR Carleton	5:28.82
2	Larsen, Aliya	FR Carleton	5:32.51
3	Schafer, Nell	JR Carleton	x5:33.26
4	Dean, Piper	SO Carleton	x5:33.70
5	Jay, Annie	FR Carleton	x5:47.17
6	Lewis, Margo	SO Carleton	x5:52.18
7	Tobin, Kayla	SO Bethany Lutheran	5:53.25
8	Merwin, Jordan	SO Bethany Lutheran	5:56.71
9	Corbo, Olivia	SO Carleton	x6:13.13
10	Nelson, Brenna	JR St. Catherine	6:15.58
11	Kuhlman, Chloe	JR Bethany Lutheran	x6:32.32
12	Metz, Emmeline	SO Bethany Lutheran	x6:42.82

St. Olaf Ole Opener - 1/13/2023

Tostrud Center, St. Olaf College

Results - Running Events

Finals ... (Women 1 Mile Run)

Name	Yr	School	Finals
13 Sovacool, Rachel	SO	Bethany Lutheran	x6:47.32
14 Rethemeyer, Hannah	SO	Bethany Lutheran	x7:16.44
15 Otto, Callie Jo	FR	Bethany Lutheran	x7:39.60
16 Schneider, Teagan	FR	St. Catherine	8:23.42

Women 3000 Meter Run

Facility Rec: 9:49.01 F 2006 Annie Bersagel

Name	Yr	School	Finals
Finals			
1 Mayfield, Clara	JR	Carleton	9:52.16
2 Cross, Helen	SO	Carleton	10:02.92
3 Albrecht, Christine	JR	St. Olaf	10:06.52
4 Carlson, Sofia	SO	St. Olaf	10:07.80
5 Bode, Alison	SO	St. Olaf	x10:16.77
6 Rowland, Libby	SO	Carleton	x10:17.71
7 Preisser, Hannah	FR	Carleton	x10:19.10
8 McManus, Sophie	SO	Carleton	x10:19.15
9 Moeller, Grace	FR	St. Olaf	x10:58.10
10 Borgmann, Marte	JR	Carleton	x11:19.92
11 Larsen-Schmidt, Gracia	SO	St. Olaf	x11:22.29
12 Tobin, Kayla	SO	Bethany Lutheran	11:33.97
13 Votruba, Maggie	SO	Carleton	x11:57.62
14 Breed, Brittany	FR	St. Catherine	12:46.11
15 Merwin, Jordan	SO	Bethany Lutheran	12:53.64
16 Metz, Emmeline	SO	Bethany Lutheran	x13:32.91
17 Harvey, Lily	SO	St. Catherine	13:48.23
18 Sovacool, Rachel	SO	Bethany Lutheran	x13:58.77

Women 60 Meter Hurdles

Facility Rec: 8.82 F 2014 Mallory Burnham

Name	Yr	School	Finals
Finals			
1 Poore, Riki	JR	St. Olaf	10.02
2 Barlue, Burnices	SO	St. Catherine	10.34
3 Elco, Annika	FR	Luther	10.35
4 Sahly, Emma	SO	St. Olaf	11.03
5 Marks, Amara	SO	Luther	11.29
6 McCue, Megan	SO	Bethany Lutheran	11.45

Women 4x200 Meter Relay

Team	Relay	Finals
Finals		
1 Luther	A	1:55.20
1) Davidson, Grace JR	2) Marks, Amara SO	
3) Elco, Annika FR	4) Sieve, Rose SR	
2 Bethany Lutheran	A	2:00.72
1) Witbrod, Stephanie SO	2) McCue, Megan SO	
3) Zaccaria, Angela SO	4) Hoppe, Cianna JR	

Women 4x400 Meter Relay

Facility Rec: 3:51.08 F 2006 Lincoln University

Team	Relay	Finals
Finals		
1 St. Olaf	A	4:21.35
1) Storbakken, Emma SO	2) Poore, Riki JR	
3) Holman, Ququ JR	4) Soule, Allison FR	
2 St. Olaf	B	4:27.81
1) Keech, Claire FR	2) Sahly, Emma SO	
3) Sieck, Kayla FR	4) Landis, Ella FR	
3 Carleton	A	4:32.75
1) Blanchard, Mary SO	2) Ulrich, Kate SO	
3) Silverstein, Celia FR	4) Smith, Sadie Ray JR	
4 St. Olaf	C	4:34.93
1) Fromm, Jules SO	2) Craven, Ava SO	
3) Shirley, Ava FR	4) Manhard, Abbie FR	

Men 60 Meter Dash

Facility Rec: 6.83 F 2012 Garfield Powell

Name	Yr	School	Prelims
Preliminaries			
1 Deas, Brandon	SR	Luther	7.15Q
2 Arnold, Dylan	SO	St. Olaf	7.24Q
3 Chisora, Tinashe	JR	Luther	7.31Q
4 McNearmy, Devin	SO	St. Olaf	7.36Q
5 Townsend, Miles	FR	St. Olaf	7.36q
6 Moo, Eh Ler	FR	St. Olaf	7.37q
7 Charlton, Josh	SO	St. Olaf	7.47q
8 Demetriades, Theo	FR	Carleton	7.51q
9 Bolarinwa, Moudjibou	FR	Bethany Lutheran	7.71
10 Thomas, Max	FR	St. Olaf	7.77
11 Ridders, Sam	SO	St. Olaf	7.77
12 Wenninger, Joshua	FR	Bethany Lutheran	7.81
13 Owens, Jarvis	SO	Bethany Lutheran	7.82
14 Menter, Forest	FR	St. Olaf	7.97
15 Strom, Matthew	FR	Bethany Lutheran	8.16

Men 60 Meter Dash

Facility Rec: 6.83 F 2012 Garfield Powell

Name	Yr	School	Finals
Finals			
1 Deas, Brandon	SR	Luther	7.09
2 Chisora, Tinashe	JR	Luther	7.27
3 McNearmy, Devin	SO	St. Olaf	7.35
4 Townsend, Miles	FR	St. Olaf	7.36
5 Moo, Eh Ler	FR	St. Olaf	x7.48
6 Charlton, Josh	SO	St. Olaf	x7.49

Men 200 Meter Dash

Facility Rec: 21.98 F 2005 Carson Glad

Name	Yr	School	Finals
Finals			
1 Deas, Brandon	SR	Luther	23.53
2 McNearmy, Devin	SO	St. Olaf	23.87

St. Olaf Ole Opener - 1/13/2023

Tostrud Center, St. Olaf College

Results - Running Events

Finals ... (Men 200 Meter Dash)

Name	Yr	School	Finals
3 Chisora, Tinashe	JR	Luther	24.10
4 Kennedy, Liam	JR	Carleton	24.68
5 Gilbert-Binder, Ben	FR	St. Olaf	25.05
6 Skemp, Will	FR	St. Olaf	x25.92

Men 400 Meter Dash

Facility Rec: 48.18 F 2006 Bobby Young

Name	Yr	School	Finals
1 Kennedy, Liam	JR	Carleton	54.79
2 Mortensen, Ian	JR	Carleton	55.24
3 Gunderson, Tyler	SO	St. Olaf	55.42
4 Lefort, Tancrede	SO	Luther	56.90

Men 600 Meter Run

Facility Rec: 1:21.61 F 2013 Doug Thoresen

Name	Yr	School	Finals
1 Anderson, Reese	FR	Carleton	1:24.76
2 Meier, Josh	SO	Carleton	1:25.55
3 Pattison, Alistair	JR	Carleton	x1:25.74
4 Martin, Zach	FR	St. Olaf	1:26.02
5 Bittner, Alex	FR	St. Olaf	1:27.02
6 Gonzalez-Ramirez, Jose	JR	St. Olaf	x1:28.09
7 Anderson, Jakin	SR	Bethany Lutheran	1:31.25

Men 800 Meter Run

Facility Rec: 1:52.53 F 2006 Jeff Zodda

Name	Yr	School	Finals
1 Fong, Jeremy	SR	Carleton	2:01.20
2 Gilbertson, Henrik		Unattached	2:03.54
3 Estrada, Gabe	SO	St. Olaf	2:06.90

Men 1000 Meter Run

Facility Rec: 2:27.61 F 2016 Paul Escher

Name	Yr	School	Finals
1 Nichols, Gabe	FR	Carleton	2:35.67
2 Marsh, Jackson	SO	St. Olaf	2:42.42
3 Mazor, Ben	SO	Carleton	2:48.45
4 Chao, Ben	SR	Carleton	x2:49.37

Men 1 Mile Run

Facility Rec: 4:08.46 F 2017 Joe Coffey

Name	Yr	School	Finals
1 Lyness, Indy	FR	Carleton	4:26.45
2 Lewellyn, Roy	FR	Carleton	4:26.72
3 Jones, Elijah	SR	Carleton	x4:27.27
4 Montresor, Kevin	JR	St. Olaf	4:37.83
5 Doran, Eli	FR	St. Olaf	4:40.05
6 Lange, Emerson	FR	Carleton	x4:40.49
7 Hanley, Brett	SO	Carleton	x4:45.52
8 Bernstein, Ryan	FR	Carleton	x4:46.60

9 Beise, Micah		Unattached	4:47.81
10 Chamberlin, Owen	FR	St. Olaf	x4:48.25
11 McFetridge, Jack	FR	St. Olaf	x4:53.46
12 Jamison, Andrew	FR	Carleton	x4:56.41
13 McDowell, Beck	FR	St. Olaf	x5:04.05
14 Hoppe, Josiah	SO	Bethany Lutheran	5:14.50

Men 3000 Meter Run

Facility Rec: 8:13.99 F 2015 Grant Wintheiser

Name	Yr	School	Finals
1 Nichols, Gabe	FR	Carleton	8:45.06
2 VanAcker, Jeremiah		Unattached	8:47.06
3 Cote, Anders	SO	St. Olaf	8:47.67
4 Bowman, Henry	SR	Carleton	8:50.71
5 Turlington, Kevin	FR	St. Olaf	8:53.52
6 Melville, Chris	JR	Carleton	x9:03.05
7 Kurts, Waylon	FR	St. Olaf	x9:17.49
8 Aoki-Sherwood, Ben	SR	Carleton	x9:18.23
9 Deaver, Jack	SO	St. Olaf	x9:18.72
10 Manzur Strandlund, Gael	FR	St. Olaf	x9:26.04
11 Anderson, Jakin	SR	Bethany Lutheran	9:58.20
12 Edmondson, Trace	SO	Bethany Lutheran	10:33.74
13 Hoppe, Josiah	SO	Bethany Lutheran	x10:37.24

Men 60 Meter Hurdles

Facility Rec: 8.40 F 2015 Eric Larson

Name	Yr	School	Finals
1 Kramarczuk, Lucas	JR	St. Olaf	8.40F
2 Lord, Demetri	SO	St. Olaf	8.60
3 Marzinske, Jake	JR	Bethany Lutheran	9.19
4 Borst, Layton	SO	St. Olaf	x9.50
5 Bassett, Jackson	SO	St. Olaf	x9.65
6 Cogley, Andrew	SO	St. Olaf	x10.10
7 Lippert, Noah	FR	Bethany Lutheran	10.88

Men 4x400 Meter Relay

Facility Rec: 3:16.36 F 2006 UW La Crosse

Team	Relay	Finals
1 Carleton	A	3:31.41
1) Pattison, Alistair JR	2) Fong, Jeremy SR	
3) Meier, Josh SO	4) Anderson, Reese FR	
2 St. Olaf	A	3:37.97
1) Bittner, Alex FR	2) Estrada, Gabe SO	
3) Marsh, Jackson SO	4) Martin, Zach FR	
3 St. Olaf	D	3:40.12
1) Gunderson, Tyler SO	2) Fisher, Henry SO	
3) Lange, Henrik FR	4) Bassett, Jackson SO	
4 St. Olaf	B	3:45.25
1) Doran, Eli FR	2) Gonzalez-Ramirez, Jose JR	
3) Gilbert-Binder, Ben FR	4) Montresor, Kevin JR	

St. Olaf Ole Opener - 1/13/2023
Tostrud Center, St. Olaf College
Results - Running Events

Finals ... (Men 4x400 Meter Relay)

Team	Relay	Finals
5 Carleton	C	3:50.10
1) Lyness, Indy FR	2) Llewellyn, Roy FR	
3) Bernstein, Ryan FR	4) Jamison, Andrew FR	
6 Carleton	B	3:50.54
1) Jones, Elijah SR	2) Mazor, Ben SO	
3) Lange, Emerson FR	4) Hanley, Brett SO	
7 St. Olaf	C	3:59.50
1) McFetridge, Jack FR	2) McDowell, Beck FR	
3) Chamberlin, Owen FR	4) Thomas, Max FR	

St. Olaf Ole Opener - 1/13/2023

Tostrud Center, St. Olaf College

Results - Field Events

Women High Jump

Facility Rec: 1.72m F 2006 Jennifer Harlow

Name	Yr	School	Finals
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Finals

1	Elco, Annika	FR	Luther	1.37m
---	Marks, Amara	SO	Luther	NH

Women Pole Vault

Facility Rec: 4.39m F 2016 Leslie Boost

Name	Yr	School	Finals
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Finals

1	Litton, Emily	JR	Carleton	J2.90m
2	Cordes, Julia	SR	St. Olaf	J2.90m
---	Roberts, Melanie	JR	St. Olaf	NH

Women Long Jump

Facility Rec: 5.74m F 2005 Kristal Grigsby

Name	Yr	School	Finals
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Finals

1	Schepper, Reilee	SR	St. Catherine	4.85m
2	Poore, Riki	JR	St. Olaf	4.63m
3	Nichols, Claire	SR	St. Catherine	4.58m
4	Keech, Claire	FR	St. Olaf	4.48m
5	Sikes, Jane	SO	St. Olaf	4.22m

Women Triple Jump

Facility Rec: 11.98m F 2006 Alecia Watson

Name	Yr	School	Finals
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Finals

1	Muller, Annika	SR	St. Olaf	11.13m
2	Schepper, Reilee	SR	St. Catherine	10.54m
3	Leverentz, Bryana	SR	St. Catherine	9.93m

Women Shot Put

Facility Rec: 17.05m F 2006 Robyn Jarocki

Name	Yr	School	Finals
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Finals

1	Keske, Aleah	JR	St. Olaf	12.15m
2	Witbrod, Stephanie	SO	Bethany Lutheran	11.51m
3	Horvath, Chando	JR	St. Catherine	10.86m
4	Johnson, Emma	SO	St. Olaf	10.56m
5	Stucker, Margaret	JR	Luther	10.39m
6	Irsfeld, Peyton	JR	St. Olaf	x10.24m
7	Keech, Claire	FR	St. Olaf	x9.75m
8	Althoff, Abby	SO	St. Catherine	9.51m
9	Imdieke, Ashley	SO	Luther	9.35m
10	Wehrspann, Lydia	SR	St. Catherine	x8.89m
11	Blanchette, Grace	JR	Carleton	8.67m
12	McCue, Megan	SO	Bethany Lutheran	8.38m
13	Hardy, Payten	JR	Luther	x7.96m
14	Kordus, Grace	FR	St. Catherine	x6.49m

Women Weight Throw

Facility Rec: 20.98m F 2006 Robyn Jarocki

Name	Yr	School	Finals
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Finals

1	Bosman, Neenah	SO	Carleton	14.42m
2	Horvath, Chando	JR	St. Catherine	13.43m
3	Witbrod, Stephanie	SO	Bethany Lutheran	12.69m
4	Irsfeld, Peyton	JR	St. Olaf	12.67m
5	Johnson, Emma	SO	St. Olaf	12.28m
6	Keske, Aleah	JR	St. Olaf	11.59m
7	Althoff, Abby	SO	St. Catherine	11.45m
8	Hardy, Payten	JR	Luther	11.43m
9	Imdieke, Ashley	SO	Luther	11.31m
10	Stucker, Margaret	JR	Luther	9.84m
11	McCue, Megan	SO	Bethany Lutheran	9.78m
12	Mendez, Aries	FR	St. Olaf	8.76m
---	Wehrspann, Lydia	SR	St. Catherine	FOUL

Men High Jump

Facility Rec: 2.11m F 2006 Andy Stoecken

Name	Yr	School	Finals
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Finals

1	Cogley, Andrew	SO	St. Olaf	1.75m
2	Borst, Layton	SO	St. Olaf	1.50m

Men Pole Vault

Facility Rec: 5.52m F 2016 Jeff Coover

Name	Yr	School	Finals
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Finals

1	Borst, Layton	SO	St. Olaf	3.65m
2	Adams, Tim	SO	Carleton	J3.65m
3	Menter, Forest	FR	St. Olaf	3.20m
4	Strom, Matthew	FR	Bethany Lutheran	J3.20m
5	Lord, Demetri	SO	St. Olaf	J3.20m
6	Cogley, Andrew	SO	St. Olaf	2.90m
---	Arnold, Dylan	SO	St. Olaf	NH

Men Long Jump

Facility Rec: 7.53m F 2006 Greg Tyson

Name	Yr	School	Finals
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Finals

1	Kramarczuk, Lucas	JR	St. Olaf	6.52m
2	Moo, Eh Ler	FR	St. Olaf	6.31m
3	Charlton, Josh	SO	St. Olaf	x6.30m
4	Lefort, Tancrede	SO	Luther	5.83m
5	Skemp, Will	FR	St. Olaf	x5.77m
6	Bolarinwa, Moudjibou	FR	Bethany Lutheran	5.65m
7	Demetriades, Theo	FR	Carleton	5.58m
8	Ridders, Sam	SO	St. Olaf	x5.38m
9	Wenninger, Joshua	FR	Bethany Lutheran	5.27m
10	Owens, Jarvis	SO	Bethany Lutheran	x5.12m

St. Olaf Ole Opener - 1/13/2023**Tostrud Center, St. Olaf College****Results - Field Events****Men Triple Jump****Facility Rec: 14.61m F 2006 Tony Gregory**

	Name	Yr	School	Finals
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Finals

1	Marzinske, Jake	JR	Bethany Lutheran	13.83m
2	Souksavath, Sean	JR	St. Olaf	12.46m

Men Shot Put**Facility Rec: 17.77m F 2006 Uzoma Orji**

	Name	Yr	School	Finals
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Finals

1	Feist, Cade	SO	St. Olaf	13.99m
2	Borst, Layton	SO	St. Olaf	12.40m
3	Dedry, Arnauld	SR	St. Olaf	12.28m
4	Mortensen, Ian	JR	Carleton	11.42m
5	Dahlin, Jon		Unattached	11.13m
6	Edelman, Ryan	FR	St. Olaf	10.57m
7	Cogley, Andrew	SO	St. Olaf	9.35m
8	Mehlhorn, Joey	FR	Luther	9.34m
9	Kabengele, Aaron	JR	Bethany Lutheran	8.60m

Men Weight Throw**Facility Rec: 20.82m F 2006 Kevin Becker**

	Name	Yr	School	Finals
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Finals

1	Dahlin, Jon		Unattached	15.32m
2	Feist, Cade	SO	St. Olaf	13.50m
3	Edelman, Ryan	FR	St. Olaf	12.72m
4	Dedry, Arnauld	SR	St. Olaf	x12.19m
5	McGlynn, Galen	FR	St. Olaf	x11.70m
6	Kabengele, Aaron	JR	Bethany Lutheran	9.40m
7	Mehlhorn, Joey	FR	Luther	8.81m
8	Simba, Chrino	FR	Bethany Lutheran	5.79m