

UWRF All American Invitational - 3/25/2023

UWRF Knowles Center

Results - Running Events

Girls 60 Meter Dash

Name	School	Prelims
Preliminaries		
1 Lund, Megan	Roch. Century	8.03q
2 Omoijuanfo, Favor	Roch. Century	8.18q
3 Huber, Libby	Hudson	8.37q
4 DeLawyer, Madilyn	Rice Lake	8.38q
5 Urey, Danielle	Anoka	8.40q
6 Johnson, Lilly	Hudson	8.47q
7 Knauff, Sophia	Rice Lake	8.56q
8 Mitchell, Georgetina	Anoka	8.71q
9 Wright, Vanessa	Eastview	8.87
10 Dewane, Jasmine	Eastview	9.48

Girls 60 Meter Dash

Name	School	Finals
Finals		
1 Lund, Megan	Roch. Century	8.08
2 Omoijuanfo, Favor	Roch. Century	8.30
3 Urey, Danielle	Anoka	8.35
4 DeLawyer, Madilyn	Rice Lake	8.43
5 Huber, Libby	Hudson	8.51
6 Johnson, Lilly	Hudson	8.57
7 Knauff, Sophia	Rice Lake	8.69
8 Mitchell, Georgetina	Anoka	9.05

Girls 200 Meter Dash

Name	School	Finals
Finals		
1 Sheplee, Eliana	Rice Lake	26.83
2 Lund, Megan	Roch. Century	27.24
3 Sheplee, Adaline	Rice Lake	27.98
4 Habberstad, Madison	Roch. Century	28.41
5 Johnson, Lilly	Hudson	29.74
6 Urey, Danielle	Anoka	29.99
7 Huber, Libby	Hudson	30.22
8 Patterson, Eleanor	Eastview	30.23
9 Svenson, Zoey	Eastview	30.58
10 Mitchell, Georgetina	Anoka	35.19

Girls 400 Meter Dash

Name	School	Finals
Finals		
1 Sheplee, Eliana	Rice Lake	59.89
	28.94 (28.94)	59.89 (30.96)
2 Comfere, Sophia	Roch. Century	1:03.15
	30.43 (30.43)	1:03.15 (32.72)
3 Groebner, Elizabeth	Eastview	1:04.33
	30.10 (30.10)	
4 Ohm, Madison	Roch. Century	1:05.83
	31.02 (31.02)	1:05.83 (34.81)
5 Knauff, Sophia	Rice Lake	1:07.57
	31.68 (31.68)	1:07.57 (35.89)
6 Mitchell, Ruby	Hudson	1:09.24
	32.86 (32.86)	1:09.24 (36.38)

7 Kenefick, Cecilia	Eastview	1:10.49
	33.51 (33.51)	

8 Doe, Amanda	Anoka	1:11.63
	33.66 (33.66)	

9 Hookom, Hannah	Anoka	1:13.15
	33.22 (33.22)	1:13.15 (39.93)

Girls 800 Meter Run

Name	School	Finals
Finals		
1 Nelson, Kaelyn	Anoka	2:29.96
	33.66 (33.66)	1:10.39 (36.74)
	2:29.96 (1:05.83)	
2 Gay, Sedona	Rice Lake	2:37.51
	37.71 (37.71)	1:17.44 (39.74)
	2:37.51 (37.47)	
3 Trabuco, Sophia	Roch. Century	2:41.26
	36.92 (36.92)	1:16.48 (39.57)
	2:41.26 (41.65)	1:59.61 (43.14)
4 Kerndt, Elizabeth	Eastview	2:45.11
	36.40 (36.40)	1:16.94 (40.55)
	2:45.11 (44.87)	2:00.25 (43.31)
5 Dahlman, Lidia	Eastview	2:46.16
	38.20 (38.20)	1:20.33 (42.13)
	2:46.16 (41.89)	2:04.28 (43.95)
6 Belany, Rebecca	Hudson	2:46.88
	40.34 (40.34)	1:23.87 (43.54)
	2:46.88 (39.67)	2:07.21 (43.34)
7 Hastreiter, Norah	Rice Lake	2:52.50
	38.95 (38.95)	1:21.70 (42.75)
	2:52.50 (45.08)	2:07.43 (45.74)
8 Spike, Jasmine	Anoka	2:52.81
	40.12 (40.12)	1:22.87 (42.76)
	2:52.81 (42.76)	2:10.06 (47.19)
9 Oyen, Grace	Roch. Century	2:54.75
	40.36 (40.36)	2:10.32 (1:29.97)
	2:54.75 (44.43)	
10 Zimmerman, Eva Amelia	Eastview	2:56.73
	39.94 (39.94)	1:24.40 (44.47)
	2:56.73 (44.42)	2:12.31 (47.92)

Girls 1600 Meter Run

Name	School	Finals
Finals		
1 Olson, Sonja	Eastview	5:45.78
	41.04 (41.04)	1:25.67 (44.64)
	2:58.10 (46.63)	3:42.95 (44.85)
	5:10.90 (43.76)	4:27.14 (44.19)
2 Hanenberger, Jazzlyn	Roch. Century	5:53.90
	37.08 (37.08)	1:20.32 (43.24)
	2:52.83 (46.94)	3:40.07 (47.24)
	5:11.16 (45.89)	4:25.27 (45.21)
3 Vlcek, Lyla	Hudson	6:03.34
	41.65 (41.65)	1:27.00 (45.35)
	2:59.41 (46.40)	3:45.82 (46.42)
	5:19.22 (46.49)	4:32.74 (46.92)

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Results - Running Events

Finals ... (Girls 1600 Meter Run)

Name	School	Finals
4 Hastreiter, Norah	Rice Lake	6:13.36
43.51 (43.51)	1:28.76 (45.26)	2:16.00 (47.24)
3:03.17 (47.18)	3:50.14 (46.97)	4:38.56 (48.42)
5:27.64 (49.08)		
5 Rock, Clara	Roch. Century	6:22.55
41.91 (41.91)	1:28.01 (46.10)	2:15.85 (47.85)
3:05.24 (49.39)	3:56.75 (51.52)	4:47.82 (51.08)
5:38.11 (50.29)		
6 Redepinning, Sarah	Anoka	6:26.21
43.47 (43.47)	1:30.24 (46.78)	2:18.72 (48.48)
3:08.71 (50.00)	3:59.31 (50.60)	4:50.28 (50.98)
5:40.05 (49.77)		
7 Richter, Kendra	Rice Lake	6:31.56
43.43 (43.43)	1:29.18 (45.76)	2:17.33 (48.15)
3:07.40 (50.08)	3:58.84 (51.45)	4:51.37 (52.53)
5:43.99 (52.62)		
8 Swanson, India	Hudson	6:36.42
43.80 (43.80)	1:30.55 (46.75)	2:20.05 (49.50)
3:10.26 (50.22)	4:01.39 (51.13)	4:54.08 (52.70)
5:47.07 (52.99)		
9 White, Lauren	Anoka	6:57.91
43.06 (43.06)	1:29.89 (46.84)	2:21.04 (51.15)
3:14.82 (53.79)	4:10.37 (55.55)	5:08.02 (57.65)
6:05.17 (57.16)		

Girls 3200 Meter Run

Name	School	Finals
Finals		
1 Nelson, Kaelyn	Anoka	11:36.42
39.14 (39.14)	1:20.27 (41.13)	2:02.72 (42.45)
2:45.93 (43.21)	3:29.12 (43.20)	4:12.94 (43.82)
4:57.01 (44.08)	5:40.40 (43.40)	6:24.50 (44.10)
7:08.76 (44.26)	7:53.55 (44.80)	8:38.00 (44.45)
9:22.10 (44.10)	10:07.96 (45.86)	10:53.03 (45.08)
11:36.42 (43.39)		
2 Knight, Hadley	Eastview	12:23.13
43.90 (43.90)	1:30.06 (46.17)	2:17.87 (47.81)
3:03.60 (45.73)	3:50.67 (47.08)	4:38.52 (47.86)
5:27.11 (48.59)	6:14.85 (47.75)	7:01.73 (46.88)
7:48.32 (46.59)	8:35.85 (47.54)	9:22.87 (47.03)
10:09.36 (46.49)	10:56.09 (46.74)	11:41.00 (44.91)
12:23.13 (42.13)		
3 Puit, Gracie	Eastview	12:41.62
43.92 (43.92)	1:30.36 (46.44)	2:18.14 (47.78)
3:03.37 (45.24)	3:50.32 (46.95)	4:38.13 (47.82)
5:26.67 (48.54)	6:14.49 (47.83)	7:01.94 (47.46)
7:49.25 (47.31)	8:37.76 (48.51)	9:27.35 (49.60)
10:17.33 (49.99)	11:07.94 (50.61)	11:56.31 (48.38)
12:41.62 (45.31)		

4 Crow, Adeline	Roch. Century	13:08.48
43.60 (43.60)	1:29.79 (46.19)	2:18.38 (48.59)
3:03.69 (45.32)	3:51.49 (47.80)	4:38.94 (47.45)
5:28.09 (49.16)	6:17.93 (49.85)	7:08.84 (50.92)
8:00.18 (51.34)	8:52.86 (52.68)	9:44.93 (52.07)
10:37.71 (52.79)	11:30.85 (53.14)	12:22.34 (51.49)
13:08.48 (46.15)		
5 Holthaus, Lauren	Rice Lake	13:32.05
43.76 (43.76)	1:30.71 (46.95)	2:19.06 (48.36)
3:07.02 (47.96)	3:56.56 (49.54)	4:47.52 (50.97)
5:39.38 (51.86)	6:30.38 (51.01)	7:22.89 (52.51)
8:16.17 (53.29)	9:10.84 (54.67)	10:05.48 (54.65)
11:00.09 (54.61)	11:54.44 (54.35)	12:46.83 (52.40)
13:32.05 (45.22)		

Girls 60 Meter Hurdles

Name	School	Prelims
Preliminaries		
1 Church, Annie	Roch. Century	10.18Q
2 Jilek, Lanie	Hudson	10.44Q
3 Sheplee, Adaline	Rice Lake	10.58q
4 Nguyen, Mina	Eastview	10.81q
5 Doe, Amanda	Anoka	10.87q
6 Kesselring, Cecilia	Roch. Century	11.86q
7 Redman, Nora	Eastview	12.07q
8 Gray, Sydney	Anoka	12.56q

Girls 60 Meter Hurdles

Name	School	Finals
Finals		
1 Jilek, Lanie	Hudson	10.23
2 Sheplee, Adaline	Rice Lake	10.32
3 Church, Annie	Roch. Century	10.36
4 Nguyen, Mina	Eastview	10.82
5 Doe, Amanda	Anoka	11.12
6 Redman, Nora	Eastview	11.88
7 Gray, Sydney	Anoka	12.50
8 Kesselring, Cecilia	Roch. Century	13.32

Girls 4x200 Meter Relay

Team	Relay	Finals
Finals		
1 Hudson	A	1:52.42
1) Jilek, Lanie	2) Johnson, Lilly	
3) Anderson, Kate	4) Huber, Libby	
1:52.42 (1:52.42)		
2 Roch. Century	A	1:53.23
1) Omoijuanfo, Favor	2) Schrandt, Ella	
3) Severson, Ezmae	4) Ferguson, Nell	
1:53.23 (1:53.23)		
3 Eastview	A	2:00.08
1) Egan, Emma	2) Egan, Kaleigh	
3) Wright, Vanessa	4) Neuenschwander, Julia	
2:00.08 (2:00.08)		

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Finals ... (Girls 4x200 Meter Relay)

Team	Relay	Finals
4 Rice Lake	A	2:04.57
1) Campbell, Sloan	2) Klemme, Kamryn	
3) Pacholke, Ellie	4) Scheu, Emily	
2:04.57 (2:04.57)		
5 Anoka	A	2:07.64
1) Buffie, Elizabeth	2) Doe, Amanda	
3) Quaqua, Arthurline	4) Mitchell, Georgetina	
2:07.64 (2:07.64)		

Girls 4x400 Meter Relay

Team	Relay	Finals
1 Rice Lake	A	4:29.67
1) Knauff, Sophia	2) Sheplee, Adaline	
3) DeLawyer, Madilyn	4) Sheplee, Eliana	
2 Eastview	A	4:30.13
1) Groebner, Elizabeth	2) Kerndt, Elizabeth	
3) Dahlman, Lidia	4) Olson, Sonja	
3 Roch. Century	A	4:33.82
1) Gerhard, Clara	2) Schrandt, Ella	
3) Severson, Ezmae	4) Whitney, Audreyana	
4 Anoka	A	4:56.78
1) Hookom, Hannah	2) Ostrander, Abigail	
3) Griffith, Sadie	4) Goddard, Olivia	

Girls 4x800 Meter Relay

Team	Relay	Finals
1 Roch. Century	A	10:29.95
1) Comfere, Sophia	2) Bannon, Stephanie	
3) Lynch, Nora	4) Trabuco, Sophia	
2:34.73 (2:34.73)		
2 Rice Lake	A	10:57.48
1) Holthaus, Lauren	2) Gay, Sedona	
3) Richter, Kendra	4) Hastreiter, Norah	
2:39.96 (2:39.96)		
3 Hudson	A	11:13.70
1) Mitchell, Ruby	2) Vlcek, Lyla	
3) Swanson, India	4) Belany, Rebecca	
2:44.82 (2:44.82)		
4 Eastview	A	12:19.53
1) Svenson, Zoey	2) Kenefick, Cecilia	
3) Foltyniewicz, Hannah	4) Luce, Mackenzie	
2:59.04 (2:59.04)		
5 Anoka	A	12:20.17
1) Glass, Addison	2) Ostrander, Abigail	
3) Namukwaya, Abigail	4) Goddard, Olivia	

Girls 1600 Sprint Medley

Team	Relay	Finals
1 Roch. Century	A	4:41.90
1) Ferguson, Nell	2) Gerhard, Clara	
3) Lynch, Nora	4) Bannon, Stephanie	

2 Hudson	A	4:47.96
1) Jilek, Lanie	2) McCarthy, Emily	
3) Anderson, Kate	4) Thompson, Olivia	
3 Anoka	A	5:02.58
1) Gray, Sydney	2) Hookom, Hannah	
3) Namukwaya, Abigail	4) Goddard, Olivia	
4 Rice Lake	A	5:09.65
1) Scheu, Emily	2) Pacholke, Ellie	
3) Schulz, Brooke	4) Aaby, Reese	
5 Eastview	A	5:21.99
1) Amatya, Bishesta	2) Ward, Liz	
3) Patterson, Eleanor	4) Xu, Maggie	

Boys 60 Meter Dash

Name	School	Prelims
Preliminaries		
1 Garcia-lara, Christopher	Roch. Century	7.30q
2 Robey, Justin	Hudson	7.33q
3 Peters, Lucas	Rice Lake	7.38q
4 Oberdas, Evan	Hudson	7.55q
5 Sidibe-welch, Zachary	Anoka	7.61q
6 Wills, Jacob	Roch. Century	7.65q
7 Overbye, Bennett	Anoka	7.87q
8 Svendsen, Willbert	Rice Lake	8.01q

Boys 60 Meter Dash

Name	School	Finals
Finals		
1 Robey, Justin	Hudson	7.28
2 Peters, Lucas	Rice Lake	7.41
3 Oberdas, Evan	Hudson	7.54
4 Wills, Jacob	Roch. Century	7.56
5 Sidibe-welch, Zachary	Anoka	7.75
6 Overbye, Bennett	Anoka	7.94

Boys 200 Meter Dash

Name	School	Finals
Finals		
1 Kyei-baffour, Joshua	Roch. Century	24.58
2 Peters, Lucas	Rice Lake	24.71
3 Oberdas, Evan	Hudson	25.06
4 Gadegbeku, I'Zaiah	Anoka	25.07
5 Leiton Vado, Yahir	Roch. Century	25.34
6 Estrella, Gabe	Hudson	25.84
7 Kovacevich, Ike	Rice Lake	26.16
8 Boehler, Jack	Anoka	26.69

Boys 400 Meter Dash

Name	School	Finals
Finals		
1 Radtke, Thomas	Anoka	52.59
24.42 (24.42)	52.59 (28.18)	
2 Yaeger, Ross	Hudson	53.29
25.11 (25.11)	53.29 (28.18)	
3 Coleman, Lynden	Hudson	54.24
25.42 (25.42)	54.24 (28.82)	

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Results - Running Events

Finals ... (Boys 400 Meter Dash)

Name	School	Finals
4 Peterson, Aaron	Anoka	54.56
25.67 (25.67)	54.56 (28.89)	
5 Weckwerth, Reid	Roch. Century	55.94
27.09 (27.09)	55.94 (28.86)	
6 Lundstrom, Wyatt	Roch. Century	56.25
25.47 (25.47)	56.25 (30.78)	
7 Kucko, Carter	Rice Lake	57.73
27.09 (27.09)	57.73 (30.64)	
8 Mincoff, Brandon	Rice Lake	1:02.00
28.59 (28.59)	1:02.00 (33.42)	

Boys 800 Meter Run

Name	School	Finals
Finals		
1 Owens, Nic	Hudson	2:12.33
29.96 (29.96)	1:02.85 (32.90)	1:38.60 (35.76)
2:12.33 (33.73)		
2 Bjerke, Brock	Hudson	2:12.40
30.22 (30.22)	1:03.14 (32.93)	1:38.84 (35.70)
2:12.40 (33.56)		
3 Burns, Kyan	Anoka	2:14.10
32.28 (32.28)	1:06.41 (34.13)	1:41.97 (35.57)
2:14.10 (32.13)		
4 Hastreiter, Pierce	Rice Lake	2:14.51
31.79 (31.79)	1:05.80 (34.01)	1:41.57 (35.77)
2:14.51 (32.94)		
5 Rothrum, Tristen	Anoka	2:14.92
32.58 (32.58)	1:06.67 (34.10)	1:42.28 (35.62)
2:14.92 (32.64)		
6 MacDonald, Bailey	Rice Lake	2:15.37
1:05.56 (1:05.56)	1:41.49 (35.93)	2:12.40 (30.91)
2:15.37 (2.98)		
7 Burmester, Lovinsky	Roch. Century	2:16.20
32.48 (32.48)	1:06.03 (33.55)	1:42.35 (36.33)
2:16.20 (33.85)		
8 Pankratz, Daniel	Roch. Century	2:23.90
34.25 (34.25)	1:10.38 (36.13)	1:48.10 (37.73)
2:23.90 (35.81)		

Boys 1600 Meter Run

Name	School	Finals
Finals		
1 Eilertson, Ethan	Hudson	4:37.52
30.41 (30.41)	1:02.73 (32.33)	1:37.27 (34.54)
2:13.29 (36.03)	2:50.39 (37.10)	3:27.27 (36.89)
4:04.13 (36.86)	4:37.52 (33.39)	
2 Haverly, Addisu	Hudson	4:46.09
30.90 (30.90)	1:03.87 (32.97)	1:39.43 (35.57)
2:16.33 (36.90)	2:53.00 (36.67)	3:31.33 (38.34)
4:08.92 (37.59)	4:46.09 (37.18)	
3 Hastreiter, Pierce	Rice Lake	4:51.81
33.78 (33.78)	1:09.76 (35.98)	1:47.01 (37.25)
2:24.55 (37.54)	3:02.43 (37.89)	3:40.46 (38.03)
4:17.99 (37.54)	4:51.81 (33.82)	

4 Wellman, Ethan	Anoka	5:00.35
34.75 (34.75)	1:12.56 (37.82)	1:50.75 (38.20)
2:30.73 (39.98)	3:09.80 (39.08)	3:48.58 (38.79)
4:26.25 (37.67)	5:00.35 (34.10)	
5 Larson, Dustin	Anoka	5:06.91
34.84 (34.84)	1:12.64 (37.81)	1:50.55 (37.92)
2:30.99 (40.44)	3:11.06 (40.08)	3:52.09 (41.03)
4:32.61 (40.53)	5:06.91 (34.31)	
6 MacDonald, Bailey	Rice Lake	5:07.61
35.12 (35.12)	1:12.25 (37.13)	1:50.90 (38.65)
2:30.56 (39.66)	3:10.67 (40.12)	3:51.25 (40.59)
4:30.68 (39.44)	5:07.61 (36.93)	
7 Calvert, Alexander	Roch. Century	5:11.61
35.19 (35.19)	1:12.90 (37.71)	1:51.20 (38.30)
2:31.15 (39.96)	3:11.37 (40.22)	3:52.41 (41.05)
4:32.97 (40.56)	5:11.61 (38.65)	
8 Fox, Forest	Roch. Century	5:22.01
35.73 (35.73)	1:14.80 (39.08)	1:55.01 (40.22)
2:35.91 (40.90)	3:16.68 (40.77)	3:59.54 (42.86)
4:42.23 (42.69)	5:22.01 (39.79)	

Boys 3200 Meter Run

Name	School	Finals
Finals		
1 Lawrence, Noah	Hudson	10:44.40
35.36 (35.36)	1:12.03 (36.68)	1:50.90 (38.88)
2:30.66 (39.76)	3:10.61 (39.95)	3:51.96 (41.35)
4:34.06 (42.10)	5:15.78 (41.72)	5:56.96 (41.19)
6:37.83 (40.87)	7:19.49 (41.67)	8:01.48 (41.99)
8:43.79 (42.32)	9:26.56 (42.77)	10:07.28 (40.72)
10:44.40 (37.12)		
2 Ruedebusch, Jager	Hudson	11:18.24
35.61 (35.61)	1:12.34 (36.73)	1:51.23 (38.90)
2:31.12 (39.89)	3:12.55 (41.44)	3:55.54 (42.99)
4:40.33 (44.79)	5:25.71 (45.39)	6:10.64 (44.93)
6:55.60 (44.97)	7:40.57 (44.98)	8:26.07 (45.50)
9:09.92 (43.85)	9:52.65 (42.73)	10:36.44 (43.79)
11:18.24 (41.81)		
3 Schmitz, Eli	Anoka	11:41.62
36.14 (36.14)	1:12.96 (36.83)	1:53.73 (40.77)
2:38.44 (44.72)	3:23.53 (45.10)	4:08.75 (45.23)
4:54.66 (45.91)	5:39.57 (44.91)	6:24.78 (45.21)
7:10.74 (45.96)	7:57.10 (46.37)	8:43.76 (46.66)
9:30.52 (46.76)	10:18.05 (47.54)	11:03.52 (45.47)
11:41.62 (38.11)		
4 Jenkins, Evan	Roch. Century	12:06.68
40.23 (40.23)	1:25.46 (45.24)	2:10.46 (45.00)
2:54.38 (43.92)	3:40.01 (45.64)	4:24.25 (44.24)
5:08.93 (44.69)	5:53.89 (44.96)	6:40.58 (46.70)
8:17.16 (1:36.58)	9:06.66 (49.50)	9:54.48 (47.83)
10:43.05 (48.57)	11:27.93 (44.89)	12:06.68 (38.75)

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Results - Running Events

Finals ... (Boys 3200 Meter Run)

Name	School	Finals
5 Olsen, Thomas	Rice Lake	12:06.72
36.65 (36.65)	1:15.51 (38.86)	1:58.58 (43.08)
2:45.16 (46.58)	3:33.39 (48.24)	4:20.99 (47.60)
5:07.77 (46.79)	5:53.46 (45.69)	6:42.02 (48.57)
7:32.09 (50.07)	8:23.07 (50.98)	9:13.10 (50.04)
10:02.40 (49.31)	10:49.69 (47.30)	11:33.91 (44.22)
12:06.72 (32.81)		
6 Tomesh, Nolan	Rice Lake	12:07.09
38.16 (38.16)	1:20.05 (41.90)	2:03.86 (43.81)
2:49.33 (45.47)	3:35.48 (46.15)	4:22.59 (47.12)
5:08.14 (45.56)	5:53.04 (44.91)	6:40.72 (47.68)
7:29.16 (48.44)	8:19.14 (49.98)	9:07.90 (48.77)
9:54.16 (46.26)	10:42.71 (48.55)	11:29.21 (46.51)
12:07.09 (37.88)		
7 Nowicki, Brandon	Roch. Century	13:51.76
40.77 (40.77)	1:29.30 (48.54)	2:18.92 (49.62)
3:07.37 (48.46)	3:55.70 (48.33)	4:45.37 (49.68)
5:35.79 (50.42)	6:26.75 (50.97)	7:17.54 (50.79)
8:10.27 (52.74)	9:03.92 (53.65)	9:59.37 (55.45)
10:55.96 (56.60)	11:53.86 (57.91)	12:52.78 (58.92)

Boys 60 Meter Hurdles

Name	School	Prelims
Preliminaries		
1 Kyei-baffour, Joshua	Roch. Century	8.73q
2 Ibekwe, Afanna	Anoka	8.75q
3 Willger, Kaden	Rice Lake	9.39q
4 Madsen, Jacob	Rice Lake	9.60q
5 Hinz, Ethan	Hudson	10.09q
6 Thompson, Elijah	Roch. Century	10.22q
7 Holmes, Blake	Hudson	10.25q

Boys 60 Meter Hurdles

Name	School	Finals
Finals		
1 Kyei-baffour, Joshua	Roch. Century	8.73
2 Madsen, Jacob	Rice Lake	9.22
3 Willger, Kaden	Rice Lake	9.43
4 Holmes, Blake	Hudson	10.21
5 Hinz, Ethan	Hudson	10.29

Boys 4x200 Meter Relay

Team	Relay	Finals
Finals		
1 Rice Lake	A	1:38.89
1) Durand, Logan	2) Judkins, Jaysn	
3) Peters, Lucas	4) Durand, Connor	
2 Roch. Century	A	1:39.75
1) Garcia-lara, Christopher	2) Fonseca, Alejandro	
3) Shannon, John	4) Wysocki, Shaun	
3 Hudson	A	1:45.75
1) Kunkel, Jackson	2) Purdy, Landon	
3) Estrella, Gabe	4) Robey, Justin	

---	Anoka	A	DQ
1) Boehler, Jack		2) Rothrum, Wyatt	
3) Nkelenda, Joric		4) Sidibe-welch, Zachary	

Boys 4x400 Meter Relay

Team	Relay	Finals
Finals		
1 Hudson	A	3:42.01
1) Anderson, Isaac	2) Purdy, Landon	
3) Yaeger, Ross	4) Coleman, Lynden	
2 Anoka	A	3:44.80
1) Radtke, Thomas	2) Nkelenda, Joric	
3) Rothrum, Wyatt	4) Ness, Danny	
3 Roch. Century	A	3:49.85
1) Fonseca, Alejandro	2) Lundstrom, Wyatt	
3) Ed, Ahmedshakur	4) Wills, Jacob	
4 Rice Lake	A	3:57.81
1) Hrdina, Ales	2) Durand, Logan	
3) Judkins, Jaysn	4) Svendsen, Willbert	

Boys 4x800 Meter Relay

Team	Relay	Finals
Finals		
1 Anoka	A	8:48.62
1) Burns, Kyan	2) Larson, Dustin	
3) Wellman, Ethan	4) Ness, Danny	
2 Hudson	A	8:51.71
1) Bjerke, Brock	2) Annen, Anthony	
3) Lawrence, Noah	4) Owens, Nic	
3 Roch. Century	A	9:03.45
1) Zhao, Aaron	2) Burmester, Lovinsky	
3) Pankratz, Daniel	4) Calvert, Alexander	
4 Rice Lake	A	9:37.51
1) Tomesh, Nolan	2) Olsen, Thomas	
3) Kucko, Carter	4) Mincoff, Brandon	

Boys 1600 Sprint Medley

Team	Relay	Finals
Finals		
1 Anoka	A	3:54.24
1) Ibekwe, Afanna	2) Overbye, Bennett	
3) Peterson, Aaron	4) Ness, Danny	
2 Roch. Century	A	3:55.12
1) Leiton Vado, Yahir	2) Lee, Douglas	
3) Nelson, Ryan	4) Zhao, Aaron	
3 Hudson	A	4:11.34
1) Don, Evan	2) Henning, Robert	
3) Anderson, Isaac	4) Siwicki, Kian	
4 Rice Lake	A	4:25.37
1) Kovacevich, Ike	2) Willger, Kaden	
3) Durand, Logan	4) Hrdina, Ales	

 Women - Team Rankings - 16 Events Scored

UWRF All American Invitational - 3/25/2023

UWRF Knowles Center

Results - Running Events

1) Roch. Century	108
2) Rice Lake	79
3) Eastview	55
4) Anoka	46
5) Hudson	44

Men - Team Rankings - 16 Events Scored

1) Hudson	96
2) Anoka	90
3) Rice Lake	73
4) Roch. Century	71

UWRF All American Invitational - 3/25/2023

UWRF Knowles Center

Results - Field Events

Girls High Jump

Name	School	Finals
Finals		
1 Sheplee, Adaline	Rice Lake	J5-00.00
2 Nguyen, Mina	Eastview	J4-10.00
3 Urey, Danielle	Anoka	J4-10.00
4 Strand, Arianna	Anoka	4-08.00
5 Vevang, Savanna	Hudson	J4-06.00
6 Mahowald, Laura	Hudson	J4-06.00
7 Pacholke, Ellie	Rice Lake	J4-06.00
8 Henrichsen, Anna	Roch. Century	J4-06.00
9 Benike, Avery	Roch. Century	4-04.00
--- Egan, Emma	Eastview	NH

Girls Pole Vault

Name	School	Finals
Finals		
1 Habberstad, Madison	Roch. Century	10-00.00
2 Byrnes, Maria	Anoka	9-06.00
3 Crim, Karin	Hudson	8-06.00
4 Campbell, Sloan	Rice Lake	7-00.00
5 Schmidt, Madeleine	Roch. Century	6-06.00
6 Alton, Paisley	Rice Lake	5-06.00
--- Condon, Sofia	Anoka	NH

Girls Long Jump

Name	School	Finals
Finals		
1 Habberstad, Madison	Roch. Century	15-06.50
2 Birkel, Maizy	Hudson	14-09.00
3 Egan, Emma	Eastview	14-04.00
4 Morris, Aubrey	Roch. Century	13-11.00
5 Quaqua, Arthurline	Anoka	13-05.00
6 Egan, Kaleigh	Eastview	13-04.00
6 Klemme, Kamryn	Rice Lake	13-04.00
8 Nelson, Sophie	Hudson	13-02.50
9 Gay, Sedona	Rice Lake	13-00.50

Girls Triple Jump

Name	School	Finals
Finals		
1 Whitney, Audreyana	Roch. Century	32-02.00
2 Quaqua, Arthurline	Anoka	31-02.00
3 DeLawyer, Madilyn	Rice Lake	30-08.00
4 Kesselring, Cecilia	Roch. Century	30-04.00
5 Mahowald, Laura	Hudson	29-07.50
6 Klemme, Kamryn	Rice Lake	29-00.00
7 Nelson, Sophie	Hudson	28-04.00
8 Swenson, Peyton	Anoka	27-09.25

Girls Shot Put

Name	School	Finals
Finals		
1 Schmidt, Isabelle	Rice Lake	39-04.00
2 Wright, Vanessa	Eastview	29-08.00
3 Jensen, Elise	Roch. Century	29-07.00

4 Klote, Bailey	Roch. Century	29-06.00
5 Gay, Sydney	Rice Lake	29-04.00
6 Zilka, Bella	Hudson	28-08.00
7 Novack, Tasha	Eastview	27-01.00
8 Ayeni, Deborah	Anoka	26-03.00
9 Jensen, Jessica	Anoka	25-07.00
10 Huber, Libby	Hudson	25-06.00

Boys High Jump

Name	School	Finals
Finals		
1 Jibunor, Praise	Anoka	6-06.00
2 Luckas, Logan	Anoka	J5-10.00
3 Thompson, Elijah	Roch. Century	J5-10.00
4 Weckwerth, Reid	Roch. Century	J5-08.00
5 Terwey, Caleb	Hudson	J5-08.00
6 Gabriel, Caden	Hudson	J5-06.00
7 Svendsen, Willbert	Rice Lake	J5-06.00
8 Tatro, Zach	Rice Lake	5-00.00

Boys Pole Vault

Name	School	Finals
Finals		
1 Graske, Joshua	Anoka	J13-00.00
2 Takkunen, Calvin	Anoka	J13-00.00
3 Lee, Douglas	Roch. Century	11-00.00
4 Durand, Connor	Rice Lake	10-06.00
5 Bergman, Hayden	Hudson	9-00.00
6 Walters, Hayden	Rice Lake	8-06.00
7 Berry, Kael	Roch. Century	8-00.00

Boys Long Jump

Name	School	Finals
Finals		
1 Nelson, Josh	Rice Lake	18-06.00
2 Jibunor, Praise	Anoka	18-05.50
3 Takkunen, Calvin	Anoka	18-04.00
4 Thompson, Elijah	Roch. Century	17-11.00
5 Nkwelle mesumbe, Ngalame	Roch. Century	17-08.00
6 Don, Evan	Hudson	17-05.00
7 Durand, Connor	Rice Lake	16-04.50
8 Henning, Robert	Hudson	16-02.00

Boys Triple Jump

Name	School	Finals
Finals		
1 Wysocki, Shaun	Roch. Century	42-02.50
2 Nelson, Josh	Rice Lake	39-07.00
3 Kyei-baffour, Joshua	Roch. Century	38-06.00
4 Prosper, Caleb	Anoka	37-11.00
5 Terwey, Caleb	Hudson	36-03.75
6 Henning, Robert	Hudson	36-01.00
7 Luckas, Logan	Anoka	36-00.00
8 Durand, Connor	Rice Lake	35-11.50

UWRF All American Invitational - 3/25/2023

UWRF Knowles Center

Results - Field Events

Boys Shot Put

	Name	School	Finals
Finals			
1	Carrol, Nathan	Rice Lake	49-03.00
2	Arneson, John	Rice Lake	43-09.00
3	Diehl, Jack	Anoka	39-09.00
3	Prochnow, Miles	Roch. Century	39-09.00
5	Lavoi, Ryan	Roch. Century	39-05.00
6	Bauer, James	Hudson	35-03.00
7	Dunbar, Nemo	Hudson	33-08.00
8	Burns, Logan	Anoka	33-04.00

Women - Team Rankings - 16 Events Scored

1)	Roch. Century	108
2)	Rice Lake	79
3)	Eastview	55
4)	Anoka	46
5)	Hudson	44

Men - Team Rankings - 16 Events Scored

1)	Hudson	96
2)	Anoka	90
3)	Rice Lake	73
4)	Roch. Century	71